

Will-Moor Gymnastics

Team Handbook & Parent Agreement

Competitive team is a 12-month commitment. This handbook summarizes the rules, financial obligations, attendance expectations, competition policies, and safety requirements for all teams.

1. Team & Financial Commitment

- Levels 2-10 and Elite Team: Participation is a 12-month commitment. Tuition and coaches' fees are due all 12 months, including months affected by vacations, illness, injury, missed practices, camp, or other absences.
- All Teams: Tuition is due on or before the 1st of each month. A \$50 late fee applies after the due date. A credit card must remain on file, and accounts will be processed on the 1st. If tuition is unpaid by the 5th, the gymnast will sit out until the account is current.
- Coaches' fees are due by the 15th of each month. If unpaid by the 1st of the following month, a \$10 late fee applies and the gymnast may not practice until paid.
- All required fees must be paid by their stated due dates. Unless otherwise stated, fees are non-refundable and are not reduced or prorated because of missed training.

2. Routines, Music & Uniforms

- Levels 6-10 & Xcel gymnasts must purchase required floor and beam routines. Cash payment is due before the routines are taught and will be paid to the coach who creates those routines.
- Gymnasts must purchase the complete required team uniform unless otherwise directed: competition leotard, warm-up jacket, pants, T-shirt, and bag.
- Uniforms must be paid in full by the deadline. Late orders may include rush shipping charges. Uniform purchases are non-refundable.

3. Attendance, Vacations & Injuries

- Consistent attendance is expected. Notify the front desk of vacations or planned absences. There are no make-ups, discounts, or prorated tuition/fees for missed practice.
- Missed training can affect progress, strength, flexibility, routine readiness, and competition eligibility. A gymnast who is not adequately prepared may be scratched from an event or meet.
- Injured gymnasts should continue approved conditioning when possible. A doctor's or therapist's note may be required so coaches can follow return-to-training restrictions. Tuition and coaches' fees remain due.

4. Practice Preparation

- Gymnasts should arrive on time and be ready for their scheduled warm-up. A gymnast who misses the designated warm-up may not be fully prepared for their first event, which could affect performance and increase the risk of injury.
- Bring plenty of water, a light snack, two pairs of grips, ankle weights, a small workout towel, extra leotard if needed, and any supplies requested by coaches. Water is the only beverage permitted in the gym.
- Adequate sleep, hydration, and nutrition are important parts of training and meet preparation.

5. Parent Observation & Gym Safety

- Parents may observe practice from the lobby cameras at any time. In-gym observation is limited to designated team observation days.
- Parents, guardians, family members, and friends may not enter the gymnastics training area, call to gymnasts, use hand signals, summon gymnasts from practice, or otherwise distract athletes.
- Siblings and other children must be supervised at all times. Running, climbing/jumping on bleachers, playing in bathrooms, or other disruptive behavior is not permitted.
- Repeated violations of observation rules may result in suspension of observation privileges.

6. Competitions & Meet Fees

- Gymnasts are expected to compete in all scheduled competitions for their level and will be entered in each meet. Xcel gymnasts MUST notify their coach if they are competing.
- Meet fees must be paid in full by the deadline stated in team communications, even when a parent expects the gymnast may scratch. Late payments may result in a \$10 late fee or the gymnast being scratched.
- Meet schedules and payment deadlines can change based on host-gym requirements. Will-Moor will provide as much notice as possible; in some cases, notice may be as short as two weeks.
- Meet refunds are only possible when permitted by the host meet's scratch policy. Injury scratches must be approved by your head coach. Some meets offer no refunds. Eligible refunds are issued according to Will-Moor's refund process and cannot be applied to tuition or coaches' fees.
- For meets, gymnasts must arrive on time with the complete uniform, appropriate footwear/slides, grips, wrist guards if used, tape/pre-wrap, leak-proof water bottle, and a light snack.

Will-Moor Gymnastics

Team Handbook - Page 2

7. USANJ Registration & State Eligibility

- All gymnasts must pay the \$30 USANJ registration fee by October 30. Payment is by cash or check payable to Will-Moor Gymnastics.
- To qualify for State Championships, a gymnast must compete in at least two New Jersey competitions and achieve the required state qualifying score at one competition.
- Failure to pay the required USANJ fee makes the gymnast ineligible for State Championships.

8. Mandatory Summer Camp for USAG Levels 6-10

- The August team camp is mandatory: five days, eight hours per day.
- Camp fees must be paid by the stated deadline by cash or check. A gymnast who does not participate because the camp fee was not paid will not attend regular workout during camp week.
- Regular tuition and coaches' fees remain due during camp. Because camp is intensive, proper nutrition, hydration, and sleep are essential.

9. Communication & Meetings with Coaches

- Team communication regarding meets, schedule changes, closures, and other important information is primarily by email. Families must keep a current email address on file and check it regularly.
- To speak with a coach or request a meeting, contact the front desk. Please allow staff and coaches reasonable time to respond.
- Coach meetings will include an additional Will-Moor staff member, who may take notes or record the meeting.

10. Withdrawal From Team

- A written 30-day notice is required to leave the Will-Moor Team.
- All tuition, coaches' fees, meet fees, and other outstanding charges must be paid in full. Illness, injury, or inability to attend does not eliminate financial obligations during the required notice/commitment period.
- Outstanding balances may be charged to the card/account on file. Unpaid balances after 45 days may be sent to a collection agency.

11. Team Events

Will-Moor traditionally holds team activities such as the Holiday Party, Team Banquet, and Beach Day. Attendance is strongly encouraged as part of team bonding. Families are responsible for appropriate supervision and preparation at off-site events. Will-Moor is not responsible for illness or injury resulting from attendance at team events or gatherings.

Will-Moor Gymnastics

Levels 6-10 Team Handbook & Parent Agreement

Waiver & Assumption of Risk

Competitive gymnastics and team conditioning are strenuous physical activities. By allowing your child to participate, you represent that your child is healthy enough to participate in the training program and has medical permission to do so.

Gymnasts must immediately tell a Will-Moor coach if they experience pain, dizziness, nausea, injury, illness, or another condition that may affect safe participation. Once a coach is aware of a concern, training may be modified or stopped as appropriate.

Gymnastics and strenuous physical training involve inherent risks. Even with appropriate coaching and safety precautions, participation may result in accidental injury, serious injury, paralysis, or death. Training may also temporarily cause fatigue, muscle soreness, increased heart rate, and increased blood pressure.

Parent/Guardian Acknowledgment & Agreement

I acknowledge that I have received and read the Will-Moor Gymnastics Levels 6-10 Team Handbook. I understand and agree to the rules, financial obligations, attendance and competition requirements, parent/guardian expectations, withdrawal policy, and waiver and assumption of risk contained in this handbook.

I understand that competitive team participation is a 12-month commitment and that I am responsible for all applicable tuition, coaches' fees, meet fees, uniform costs, routine/music fees, camp fees, registration fees, and other team expenses described in this handbook.

By signing below, I agree to follow these policies on behalf of myself and my gymnast(s). I understand that handbook information may be updated and that changes will be communicated by Will-Moor.

Parent/Guardian Printed Name: _____

Parent/Guardian Signature: _____

Date: _____

Gymnast Name: _____ DOB: _____

2nd Gymnast (if applicable): _____ DOB: _____

3rd Gymnast (if applicable): _____ DOB: _____

Questions about any policy should be directed to the Will-Moor front desk before signing.

As per USAG Terms and Conditions for Membership a link to the U.S. Center for SafeSport Youth and Parent Training on the prevention and reporting of child abuse. Please visit the following: <https://uscenterforsafesport.org/parents/>